



Kid Stuff

Information Just for Pediatric Dialysis Facilities!

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Heartland Kidney Network

www.HeartlandKidney.org

816-880-9990

Every time you get a good seat at the movies, someone taller comes and sits in front of you.

Kari, age 15

You never open an umbrella in the car.

Ryan, age 7

You'll always get a zit on important days.

Amanda, age 14

You shouldn't jump down stairs with your hands in your pockets.

Philip, age 11

Web Resources available at:

www.HeartlandKidney.org

Touching Base with Pediatric Facilities

The purpose of this newsletter is to keep in contact with the pediatric dialysis facilities in Heartland Kidney Network.

Often our quality improvement initiatives, data, and other information received by and distributed from the Network do not apply directly to the pediatric facilities. Frequently in the Network office comments are made such as "I wish we had more for the pediatric facilities!" or "What can we do just for them?"

This newsletter is a vehicle to enhance communication between Heartland Kidney Network and the pediatric facilities we serve. After all, we are here for you, too!



From Us to You!

Preparing the School for The Child with Kidney Disease

Five Things Teachers Need to Know

1. My child may have frequent absences due to his condition. I'd appreciate your help in keeping him up with his class work and in touch with his classmates.
2. My child may struggle with anxiety, depression, low self-esteem, and learning delays. Please let me know if you see any problems.
3. It's okay to tell your class about my child's condition as long as it's done appropriately. I'd be happy to help prepare a program.

Parents may want to share some of this information with teachers! Deciding just how much to tell about the condition of the child is up to the parents.

4. My child has a serious health condition, but he is still a child with ordinary interests and hope and dreams. Please help us keep his life as normal as possible.
5. Please keep the lines of communication open between our home and the school. My child needs all the adults in her life working together.

Source:

http://specialchildren.about.com/od/kidney_disease/a/kidneyschool.htm



“PEARL”: Good Behavior!

- Praise publicly if possible
- Expect the best
- Always be consistent
- React as soon as possible after the desired behavior
- Learning takes time

Getting past the gritty irritations and helping kids form consistent good behaviors - as with forming real pearls – is a “process”.

Living With Kidney Disease

The Starlight Starbright Foundation has developed and made available the "Living with Kidney Disease" CD-ROM. It also contains information about blood tests, medical tests and other valuable material.

"Living with Kidney Disease", is a fun, interactive program for adolescent patients on dialysis. Subjects such as normal kidney function, peer relationships, diet, and growth have been included in the program.

Bradley Warady, M.D., who is the Director of Dialysis and Transplantation at Children's Mercy Hospital in Kansas City, MO, and a member of the Pediatric Urology and Nephrology Committee of the National Kidney Foundation. Dr. Warady was the lead medical advisor for the CD-ROM.

Want more information? Go to:

<http://www.starlight.org/site/c.fuLQK6MMlpG/b.1038035/k.BDF4/Home.htm>

Cool websites:

http://www.kidshealth.org/kid/feel_better/things/dialysis.html
What's the Deal with Dialysis?

http://www.kidshealth.org/kid/health_problems/bladder/kidney_conditions.html
Chronic Kidney Disease

Even when freshly washed and relieved of all obvious confections, children tend to be sticky.

~Fran Lebowitz

Our greatest natural resource is the minds of our children.

- Walt Disney

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What Would You Like to See in Future Newsletters? Please Let Us Know!

Just call or email Sarah or Cathy!

Our sincere thanks goes to our friends at FSRD Network for sharinn the formattinn for this newsletter!



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